

The Benefits of Volunteering

The many benefits of volunteering include:

- Gaining new skills, knowledge and experience
- Help provide a service to the community
- Enhancing your CV and job prospects
- Meeting new people
- Making new friends
- Getting to know the local community
- Being part of a team
- Feeling valued
- Gaining confidence and self-esteem
- Having fun!

Volunteer's comments

"I find that now I am retired, I want to give something back to my local community. Volunteering for carers services has helped me to achieve this, and I have a lot of fun"

"I had been out of work for a while after my caring role ended and I wanted to do something which expanded my skills and experience so that I had the confidence to go back into paid work"

"I love volunteering for a really worthwhile service which really does do a good job and they look after me and value me as a volunteer"

Once you have completed this form please return to:

**Carers Link Lancashire
54-56 Blackburn Road
ACCRINGTON
BB5 1LE**

0345 688 7113

info@carerslinklancashire.co.uk

www.carerslinklancashire.co.uk



Supported by:



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Company Limited by Guarantee 08584591

In accordance with the Data Protection Act the data you have provided will be stored on Carers Link Lancashire's database. This information will only be shared with a third party with your consent. Your records are completely confidential and only Carers Link Lancashire has access to them.

You are welcome to see a copy of your records at any time by writing to the Data Controller at Carers Link Lancashire.

VOLUNTEER AND MAKE A DIFFERENCE TO CARERS LIVES



 **Carers Link
Lancashire**
IMPROVING LIFE FOR CARERS

Volunteering for Carers Link Lancashire

Carers Link Lancashire is a charitable organisation that supports unpaid carers across Burnley, Pendle, Rossendale, Hyndburn, Ribble Valley and Preston.

We provide carers with support and information including:

- Help planning for an emergency
- Carers Assessments
- A regular break from their caring role
- Quarterly magazine
- Group and individual Sitting in Service
- Access to grants and benefit information
- Support of Young Carers
- Specialist support for those caring for someone with cancer



Our individual and group Sitting in Service sessions are the perfect way for carers to have a break knowing that the person they care for is being looked after by caring volunteers



Make a Difference Through Volunteering

We recognise the tremendous value and support we get from our volunteers whose time, skills, experience and enthusiasm help us to achieve our objectives.

We are always looking for enthusiastic and friendly individuals to join our vibrant, friendly and committed volunteer team.

There is a wide range of volunteering opportunities you can help with such as:

- **Befriending** (In a person's home or at community venues)
- **Administration** (Help our Admin team with office duties)
- **Offering Complementary Therapies** (e.g. counselling, massage, reiki etc.)
- **Events & Fundraising Support** (Help organise and deliver a variety of events and fundraising activities)
- **Retail** (Help with running our brand new charity shop and community cafe)
- **Young Carers Activity Support** (Assist with delivering activities and groups)
- **Trustees** (Candidates whose professional skills would benefit our charity by being on the Board of Trustees)

Volunteer Registration Form



If you are interested in volunteering, please complete and return to the Volunteer Co-ordinator at the address overleaf.

Your name:

Your date of birth:

Address:

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Tel No:

Email:

Why are you interested in volunteering?

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Please state the role(s) you are interested in?

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